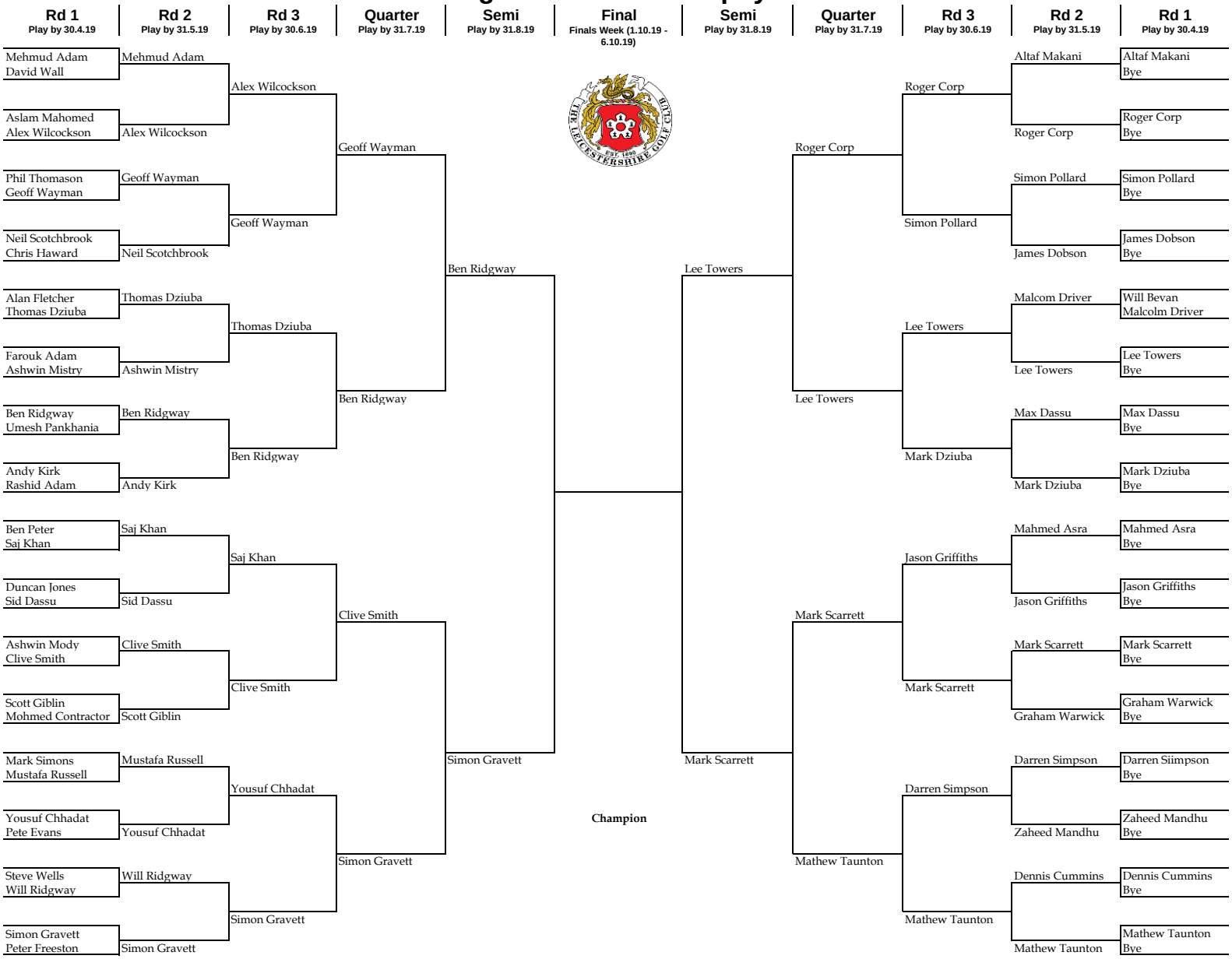Montague Whitehead Trophy 2019